

NoSSS Report

1. Stepping stone between instruction and the Scottish Squads and ultimately GBR and Olympic Squads.
2. Developing skills and knowledge rather than instruction.
3. One of three regional squads in Scotland
4. Location – based Chanonry; reasonably central and well equipped
5. Coaches – Head – Paul Bartlett and Assistant – Richard Evans
6. Squad – currently 11 involved; ages 12-16 yrs
7. Boats – own but normally Laser Radial/4.7 and Topper
8. 6 weekends per annum
 - a. Sept – Nov +
 - b. March – May
9. Squad usually split into “starters” and “advanced” with learning sessions all day Saturday and Sunday morning, finishing off by joining the Club’s Sunday afternoon races – 2 or 3.

10. Improvement –
 - a. We need the clubs to provide more race training and encourage participation in races
 - b. Get more involved in the Scottish Squads
 - c. More events in the North of Scotland